



# Poynton-Holyhead 200

This is the eastbound version of the **Llanfairpwllgwyngyllgogerychwyrndrobwlllantysiliogogogoch 200**. Note that it is a one-way ride so you will end up 200km away from where you started! See the separate route sheet/GPX files to ride the **Holyhead- Poynton 200**.





The route avoids the A55 North Wales Expressway by using the various minor roads and some excellent cycle paths.

For a successful validation, you must:

- enter at **[www.delphcyclist.info/Llan200Perm.html](http://www.delphcyclist.info/Llan200Perm.html)** (don't worry about the ride date at this stage)
- register your ride date by texting **07931 911324** or emailing **mike@PeakAudax.co.uk** before you start
- visit all the controls listed below within the time limits - note that this is a non-mandatory route
- establish your "proof of passage" by
  - downloading the eBrevet - see **[www.delphcyclist.info/eBrevet.html](http://www.delphcyclist.info/eBrevet.html)**
  - or recording a GPS track (must be .GPX format) showing you visited each Control Location
  - or collecting till receipts or ATM slips from anywhere at the Control Location
- completing all the details on your Brevet Card (name, address, ride date, control locations and times plus your signature) and returning to me within 14 days of your ride

**Controls:** The ride works best using the E-Brevet app or a GPX track to authenticate your ride. The route is advisory, but you should ensure that you pass within ½km of the locations below (indicated by Grid Reference and [what3words.com](http://what3words.com)). If you haven't access to the app or GPX you may still collect receipts from the various suggested locations.

**eBrevet:** Ride Code **MW23** (customisation is not permitted for this Perm).

<b>Poynton</b>	 SJ 920 836 <i>dolls.booth.school</i>	The route sheet starts from the car park behind Waitrose on Park Lane Poynton near Stockport. Make sure you leave your car in one of the long stay places. If not using eBrevet, get receipt from Costa, Waitrose etc or an ATM slip	77	77
<b>Shotton</b>	 SJ 485 747 <i>health.pins.punch</i>	<b>SIGNATURE</b> or <b>RECEIPT</b> from Corner Café <b>RECEIPT</b> or <b>ATM</b> from Petrol Station on B5129	77	77
<b>Rhos on Sea</b>	 SH 842 805 <i>boxer.forest.take</i>	<b>RECEIPT</b> from any cafe <b>RECEIPT</b> or <b>ATM SLIP</b> from Co-op Supermarket	56	133
<b>Holyhead</b>	 SH 257 815 <i>servers.funded.routes</i>	<b>RECEIPT</b> or <b>ATM SLIP</b> from Tesco (6 to midnight except Sun 10-4) <b>RECEIPT</b> from KFC	73	206

**RIDE DETAILS:** see **[www.delphcyclist.info/Llan200Perm.html](http://www.delphcyclist.info/Llan200Perm.html)** for GPX files and route sheet updates

**CLIMBING:** 1,740m (total climbing) 271m (max elevation - Halkyn Mountain)

**TIME ALLOWED:** 6 hrs 52 mins (30kph) – 14 hrs 24 mins (14.3 kph)