



St Asaph 200

MW22

03/11/2021 [4]






The eastward half of the Llanfair 400. The route has been amended in 2021 to start from Dean Row, and to take in more of the lovely Clwydian landscape.

For a successful validation, you must:

- enter at **www.delphcyclist.info/StAsaphPerm.html** (don't worry about the ride date at this stage)
- register your ride date by texting **07931 911324** or emailing **mike@PeakAudax.co.uk** before you start
- visit all the controls listed below within the time limits - note that this is a non-mandatory route
- establish your "proof of passage" by
 - downloading the eBrevet - see **www.delphcyclist.info/eBrevet.html**
 - or recording a GPS track (must be .GPX format) showing you visited each Control Location
 - or collecting till receipts or ATM slips from anywhere at the Control Location
- completing all the details on your Brevet Card (name, address, ride date, control locations and times plus your signature) and returning to me within 14 days of your ride

Controls: The ride works best using the E-Brevet app or a GPX track to authenticate your ride. The route is advisory, but you should ensure that you pass within 1/2km of the locations below (indicated by Grid Reference and what3words.com). If you haven't access to the app or GPX you may still collect receipts from the various suggested locations.

eBrevet: Ride Code **MW22** (see www.DelphCyclist.info/eBrevet.html for customisation instructions to reverse the direction, start at any control, or start anywhere between controls).

Dean Row	The route sheet commences from the Petrol Station on A5102 (SJ 873 816) between Stockport and Wilmslow. Parking is available (at your own risk!) in the A5102 layby near the Deanwater Hotel (SJ 877 818, SK7 1RJ).			
Shotton	 SJ 485 747 <i>health.pins.punch</i>	SIGNATURE or RECEIPT from Corner Café RECEIPT or ATM from Petrol Station on B5129	70	70
St Asaph	 SJ 035 741 <i>soups.achieving.arose</i>	RECEIPT or ATM SLIP from Co-op RECEIPT from St Asaph cafe	33	103
Denbigh	 SJ 053 661 <i>worlds.acre.factory</i>	RECEIPT or ATM SLIP from Co-op RECEIPT from any cafe	9	112
Helsby	 SJ 485 747 <i>villa.finer.towers</i>	RECEIPT or ATM SLIP from Petrol Station or Tesco (has cafe)	52	164
Dean Row	 SJ 873 815 <i>lines.pats.huts</i>	TILL RECEIPT from 24 hour petrol station TILL RECEIPT from Budgens, Chester Rd, Woodford	47	211

UPDATES: see **www.delphcyclist.info/StAsaphPerm.html** for GPX files and route sheet updates

SOME CAFES: **Connah's Quay** (67km) Corner Café
St Asaph St Asaph Café
Helsby Tesco has a cafe

CLIMBING: 1820m (total climbing) 345m (max elevation – Moel Arthur)

TIME ALLOWED: 7 hrs 02 mins (30kph) – 14 hrs 46 mins (14.3 kph)