



Above: The weather is mild enough to run the ride.
Below: Riders pick up 'b' cards' at the start.
Bottom: Off-road at Vale Royal.

Weekender

Winter Solstice 200k

There's still time for a long ride on the shortest day of the year. **Mike Wigley** of Peak Audax CTC organises exactly that



MIKE WIGLEY
Event organiser
Mike has been a member of Cycling UK/CTC since 1981 and an active member of Audax UK since 1991.

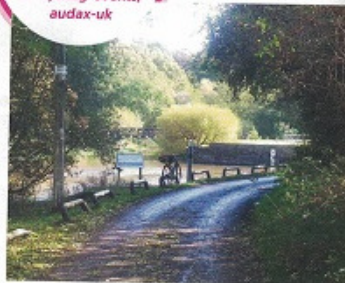
We've been marking the shortest day of the year at Peak Audax CTC almost from the origins of Audax UK in 1974. How else would you expect long-distance cyclists to celebrate the depths of winter but with a bike ride? Riding 200km at this time of year is always going to be a challenge, so it's a ride for the hardy and experienced cyclist. We cycle on mainly quiet Cheshire lanes but they are untreated.

The current edition of the Winter Solstice has been running since 1999, and its popularity has built up over that period. On a good day we can have 80 on our start line – men and women, old and young. As it's an Audax UK event, you follow a mandatory route visiting several 'controls' along the way. There are no way-marking arrows but we provide a route sheet, map, and GPX file.

The weather is a lottery at this time of year. It's usually okay but in 2010 we had just one rider, who recorded a temperature of -20°C before abandoning. We don't want any heroics! The event also exists as a 'Perm' so you can always ride it on a better day.



Audax info
Never ridden an audax event? Visit cyclinguk.org/uk-cycling-events/audax-uk



Weekend ride

PEAK AUDAX CTC WINTER SOLSTICE 200KM

•Date: 22 December 2019. Meet from 07:45 for 08:30 start •Start/finish: Arthur Greenwood Community Centre, Bredbury, near Stockport (S1 935 9Z1) •Maps: OS Landrangers 109, 117, 118, 127 •Ride length: 203km (127 miles) •Climbing: 700m •Bike type: any (road, gravel, fixed, tandem, recumbent, etc) •Ride level: experienced •More info: www.delphcyclist.info/Solstice.html, www.aukweb.net/events/detail/19-456/

1 Bredbury
We start from Arthur Greenwood Community Centre in Bredbury at 8:30am prompt, after tea or coffee. The aim is to finish there for a bowl of hot soup, between 16:30 or a more leisurely 20:30. You'll need your lights either way.

4 MALPAS
The Winter Solstice route avoids the hills, as befits a ride at this time of year, and fixles will not encounter too much difficulty. We pass through the pretty village of Malpas at a dizzying height of 125m.

5 BEESTON CASTLE
Our second café stop is at Gatesheath, near Beeston Castle, after 133km. Cyclists are always welcomed at Old Ma's Coffee Shop with hot drinks, cakes, and puddings with custard.

6 Vale Royal
There is a short stretch of off-road cycling at Vale Royal at 156km, but it's okay even for the skinniest of tyres. It is certainly a much prettier alternative than going through Winsford.

2 JODRELL BANK
A prominent landmark at 30km is the Jodrell Bank Telescope. Call this long-distance cycling? There's a different perspective of long-distance under there!



3 Market Drayton
The ride calls at Market Drayton at about 80km, just in time for a spot of lunch. There is a decent café in Morrisons, but popular alternatives are Costa, Greggs and Wetherspoon.

i Do the ride!
Advance entries only. Deadline: 20 Dec. See aukweb.net for details on entering online or by post. Cost: £8 (£5 for Cycling UK and Audax UK members).
@aukweb.net



Map © mapdata.com