



Limestone Cowboy 100

A ride through the limestone area of the Peak District (both over and under!), as you make your way to Tideswell, via Hayfield and Dove Holes. With climbs of Cowlow, Cowdale and Cowlshaw, this is a bit of a beast. Use the eBrevet app!

Section 1: Tideswell doesn't have 24/7 facilities but the Co-op is open 7 days, 7:00-22:00 – this isn't a problem when using the eBrevet app or recording a GPX file!

Section 1: 38km: The traffic lights in Dove Holes do not register cyclists, so press the pedestrian button

Section 2: 4km: The Monsall Trail has a good surface and includes several tunnels but you shouldn't need lights.






Section 3: 5km: There is a bridlepath through Lyme Park, climbing on a stony path but rideable with care. The gates may be shut after 16:30, in which case the detour involves the Middlewood Way from Higher Poynton to Marple Rose Hill (take a map!)

For a successful validation, you must:

- enter at www.delphcyclist.info/LymeStonePerm.html (don't worry about the ride date at this stage)
- register your ride date by texting **07931 911324** or emailing mike@PeakAudax.co.uk before you start
- visit all the controls listed below within the time limits - note that this is a non-mandatory route
- establish your "proof of passage" by
 - downloading the [eBrevet](#) - see www.delphcyclist.info/eBrevet.html
 - or recording a [GPS track](#) (must be .GPX format) showing you visited each Control Location
 - or collecting [till receipts](#) or ATM slips from anywhere at the Control Location
- completing all the details on your Brevet Card (name, address, ride date, control locations and times plus your signature) and returning to me within 14 days of your ride

Controls: The ride works best using the E-Brevet app or a GPX track to authenticate your ride. The route is advisory, but you should ensure that you pass within 1/2km of the locations below (indicated by Grid Reference and what3words.com). If you haven't access to the app or GPX you may still collect receipts from the various suggested locations.

eBrevet: Ride Code **MW30** (see www.DelphCyclist.info/eBrevet.html for customisation instructions to reverse the direction, start at any control, or start anywhere between controls).

Uppermill	The route sheet starts from the Co-op on High Street with an ATM opposite at the former NatWest Bank (SD 997 057) with carparking available at the Leisure Centre (SD 999 055).			
Tideswell	 SK 152 757 <i>deflation.lower.personal</i>	RECEIPT from Co-op shop or any cafe	47	47
Bollington	 SJ 931 779 <i>marked.stuns.wiggling</i>	RECEIPT from Co-op  ATM slip	33	80
Uppermill	 SJ 997 057 <i>about.shark.shrugging</i>	TILL RECEIPT from Co-op TILL RECEIPT from any cafe on High Street  ATM slip from former NatWest bank	37	117





























RIDE DETAILS: see www.delphcyclist.info/LymeStonePerm.html for GPX files, Route sheet, Maps, etc









SOME CAFES: **47km: Tideswell** at choice of cafes
85km: Lyme Park refreshment kiosk in carpark, Timber Yard cafe
117km: Uppermill plenty of cafes eg Abaco, Cellar Pot (has cycle parking at the rear)

CLIMBING: 2,470m (total climbing) 468m (max elevation) AAA points: 2.5





















TIME LIMITS: **3 hrs 50 mins** (30kph) and **9 hrs 12 mins** (12.5kph)

Limestone 100 Perm

- 1** left from Co-op 📱
- 1.1   **Greenfield**
- 1.2  B6175 Shaw Hall Bank Road
- 2.6  B6175 to **Stalybridge**
- 8.2  Pass St Paul's Church then ...
- 8.4  Demesne Road
- 8.6  2nd right Oxford Street
- 8.8  Climb Stocks Lane
- 10.7  A6018 & through Deep Cutting
- 12.2  over A6018 onto Stalybridge Road
- 12.5   over A57 in **Mottram**
- 15.4   at narrow bridge **Broadbottom**
- 16.8  A626 in **Charlesworth**
- 17.6  at **Chisworth** sign at bottom of hill
- 18.9  **Rowarth**
- 22.6  and immediately  Briargrove Rd
- 24.9  Sycamore Road
- 26.0  A6015 New Mills Road
- 27.4  over A624
- 27.6  Highgate Lane
- 29.4  A624
- 32.5  A624 after railway bridge
- 33.8  into **Chapel en le Frith**
- 34.5  and climb Cowlow on Ashbourne Ln
- 36.3  Meadow Lane to **Dove Holes**

- 38.0   over A6 to *press pedestrian button!*
- 40.0  **Smalldale** at **Peak Dale**
- 40.1  **Wormhill**
- 41.6  **Wormhill**
- 43.7  SO at bend by Hargate Hall Unsuitable for HGVs
- 47.0 
- 47.3  to ...
- 47.4 Co-op on L/Post Office on R 📱 **Tideswell**

2 R from Co-op to **Millers Dale**

- 4.1  **Monsall Trail**
- 4.3  and right onto **Monsall Trail**
- 4.6  follow trail towards **Wye Dale**
- 8.1  **Wye Dale Carpark** and steep descent, continue through car park
- 8.3  A6 towards **Buxton**
- 10.0  left  to climb **Cowdale**
- 12.1  over A515 
- 12.7  through **Harpur Hill** to **Buxton**
- 14.8  A6 to **Buxton**
- 15.6   Dale Rd (Laundrette cafe on your L)
- 15.9  right before Ped crossing Bath Rd and  immediate left Burlington Road
- 16.5  A53
- 16.8  2nd right Carlisle Road **Golf Club**
- 17.3  Park Road &  Manchester Road
- 19.7  at summit **Goyt Valley**

22.3 *Kettleshulme*

25.8 at **Jenkins Chapel**

26.9 **Bollington**

29.2 over B5470 **Bollington**

31.9 and

32.4 at canal viaduct

32.7 Adlington Rd *MiddlewoodWay*

Bollington

or continue for 200m to Co-op

3 *Pott Shrigley*

3.2 2nd left *Higher Poynton*

5.2 pass Oak Tree Cottage then ...

5.4 (SO at bend) by Methodist Church

5.5 thru gate on bridlepath to **Lyme Park**
if closed, continue to Higher Poynton & onto
Middlewood Way to Rose Hill, right and
 to Marple Station to resume route

6.6 thru gate, thru car park to A6 exit

9.6 over A6 onto Light Alders Lane

10.2 Wybersley Lane

13.9 Church Street (after Ring O'Bells)

14.2 through bollards then

14.4 Oldknown Road (after canal bridge)

14.6 Arkwright Road

15.0 descend past Marple station

15.4 A626 *Romiley*

15.9 SO at bend, Compstall Road

17.0 climb past Compstall church then ...

17.5 steep climb Cowlshaw Brow

Unsuitable
for HGVs

18.8 at **Werneth Low** summit

19.5 and immediately Higham Lane

20.3 pass Country Park on right then ...

20.4 Spring Avenue

20.6 Werneth Avenue

20.8 2nd right Allen Avenue

21.0 descend Grange Road (South)

21.6 onto cobbles and over bridge to
continue on Grange Road (North)

22.2 A57 Mottram Road

22.3 Halton Street and follow all B6170
to **Dukinfield**

25.3 Oxford Road (by Albion pub)

25.4 Sandy Lane *recycling*

26.5 1st R after rail bridges, Stamford Drive

27.1 Rassbottom Street

27.2 & follow A635 through **Mossley**

33.6 pass Royal George in **Greenfield**

34.8 Oak View Road

35.0 after narrow bridge

35.3 Arthurs Lane

35.6 through 2 sets of bollards

35.2 to ...

36.7 Co-op on left or any café **Uppermill**

Organised by Mike Wigley to Audax UK regulations

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