



Plains 300

MW38

14/04/2023 [5]











The Perm version of the long-standing Plains 300 from Poynton to Newtown in North Wales and back. The Calendar version starts at 11pm with a group ride through the night, but as it's a Perm with the 24 hour controls throughout, you can pick your own start time.

For a successful validation, you must:

- enter at www.delphcyclist.info/PlainsPerm.html (don't worry about the ride date at this stage)
- register your ride date by texting **07931 911324** or emailing mike@PeakAudax.co.uk before you start
- visit all the controls listed below within the time limits - note that this is a non-mandatory route
- establish your "proof of passage" by
 - downloading the [eBrevet](#) - see www.delphcyclist.info/eBrevet.html
 - or recording a [GPS track](#) (must be .GPX format) showing you visited each Control Location
 - or collecting [till receipts](#) or ATM slips from anywhere at the Control Location
- completing [all](#) the details on your Brevet Card (name, address, ride date, control locations and times plus your signature) and returning to me within 14 days of your ride

Controls: The ride works best using the E-Brevet app or a GPX track to authenticate your ride. The route is advisory, but you should ensure that you pass within 1/2km of the locations below (indicated by Grid Reference and what3words.com). If you haven't access to the app or GPX you may still collect receipts from the various suggested locations.

eBrevet: Ride Code **MW38** (see www.DelphCyclist.info/eBrevet.html for customisation instructions to reverse the direction, start at any control, or start anywhere between controls).

Poynton	The route sheet starts from the car park (free last time I checked!) behind Waitrose on Park Lane Poynton near Stockport (SJ 923 836) but make sure you find one of the long-term spaces. You may start/finish at any other control.				
Whitchurch	 SJ 527 413 <i>superbly.taller.shams</i>	 RECEIPT from McDonalds or Petrol Station	73	73	
Ford	 SJ 412 132 <i>pushover.stages.softly</i>	 ATM slip from Petrol Station RECEIPT from Subway or Petrol Station STAMP or RECEIPT from Dinky's Diner	38	111	
Newtown	 SO 112 915 <i>legroom.flask.flopping</i>	 RECEIPT from McDonalds or Petrol Station	44	155	
Ford	as above		44	199	
Audlem	 SJ 660 436 <i>truffles.play.chapters</i>	RECEIPT from Co-op or cafe  ATM slip from outside Co-op	48	247	
Poynton	 SJ 920 836 <i>dolls.booth.school</i>	RECEIPT from Waitrose or Costa or Wetherspoons  ATM SLIP from RBS by Chester Road traffic lights	65	312	

























RIDE DETAILS: see www.delphcyclist.info/PlainsPerm.html for GPX files, Route sheet, Maps, etc



















SOME CAFES: **73km: Whitchurch** McDonalds
111km: & 199km: Ford Dinky's Dina (nb shut through the night on and Sundays)
155km: Newtown McDonalds
247km: Audlem Old Priesthouse Cafe
312km: Poynton Costa, Wetherspoons

CLIMBING: 1,689m (total climbing) 183m (max elevation) No AAA points















TIME LIMITS: **10 hrs 23 mins** (30kph) and **21 hrs 48 mins** (14.3kph)

Plains 300 Perm












- 1 out of car park by Waitrose
- 0.1  Bulkeley Road
- 0.5  to **Adlington**
- 0.9  A523
- 2.7  A523
- 3.9   Mill Lane *Addlington Hall*
- 6.0  B5358 *Wilmslow*
- 7.0  1st Left, Mill Lane **Mottram**
- 8.9  A538
- 9.1  1st Left **Mottram**
- 10.0  in **Mottram St Andrew**
- 13.2  over A34 onto Chorley Hall Lane to pass de Trafford Arms on your left
- 13.9  A535
- 18.8  A535 *Holmes Chapel*
- 22.1  1st R on LH Bend *Jodrell Bank*
- 25.5  by **Goostrey church** **Cranage**
- 28.8  over A50 *Byley*
- 30.4  Byley Lane **Middlewich**
- 33.0  B5081
- 33.9  B5309 **Middlewich**
- 34.1  A54 **Middlewich**
- 35.1  A54 **Nantwich**
- 35.6  A539 **Nantwich**
- 41.2  in **Whalley's Green**

- 42.4  to **Church Minshull**
- 43.5  B5074 **Nantwich**
- 51.3  at **Reaseheath** **Nantwich**
- 51.9  
- 52.4  
- 53.0 
- 53.2  Hospital Street
- 53.5  A530 **Whitchurch**
- 54.1  A530 **Whitchurch**
- 69.5  **Whitchurch**
- 70.8  by Police Station
- 71.0  pass petrol station on your left
- 71.2  B5398 *Wrexham*
- 71.3  B5398 *Wrexham*
- 73.2  A41 to ...
- 73.3 Whitchurch services **Whitchurch** 

2 left out of services *Wolverhampton*

- 2.1  4th exit B5476 **Wem**
- 14.7  in **Wem** *Shrewsbury*
- 14.9  B5476 *Shrewsbury*
- 15.6  B5476 *Shrewsbury*
- 22.2  through **Harmer Hill**
- 23.7  **Bomere Heath**
- 25.9  *Baschurch*
- 27.6  *Shrewsbury*
- 28.1  1st right *Montford Bridge*
- 30.4  **Montford Bridge**
- 33.5  B4380
- 34.2  B4473 *Welshpool*
- 35.8  A458 **Ford**
- 36.9 petrol station (not 24/7) has hot food and toilets **Ford** 
- 37.8 Dinky's Dina in layby on R (24/7)

3 left out of control

- 0.4  *Shoot Hill*
- 1.1  **Yockleton**
- 3.1  in **Ford Heath**
- 4.4  B4386 thru **Yockleton, Westbury, Worthen, Marton**
- 21.0  B4386 **Chirbury**
- 25.1  B4386 **Montgomery**
- 29.5  B4385 **Newtown**
- 32.4  B4385 (before bridge) **Abermule**
- 37.1  in **Abermule**
- 38.3  A483 into **Newtown**
- 43.7 petrol station (24/7) on R **Newtown** 
- 43.8 McDonalds (24/7) on R

4 left out of control, return to **Abermule**

5.5 ↗ B4386 **Abermule**

6.7 ⚙ in **Abermule**

11.4 ↖ and under rail bridge *Welshpool*

11.5 ↗ 1st right after rail bridge **Forden**

14.6 ↗ to pass meditation centre **Marton**

15.9 ⚙ over B4388 **Marton**

18.1 ⚙ over A490 **Marton** thru **Marton, Worthen, Westbury, Yockleton**

38.4 ↖ imm after rail bridge **Ford Heath**

39.7 ⚙ **Ford**

41.6 ↖ **Ford**

42.3 ↖ A458

42.8 Ford: Dinky's Dina in layby on right (24/7)

42.8 ↖ left out of layby A458

43.6 Dinky's Dina in layby on R (24/7)

43.6 return on A456

44.0 petrol station (not 24/7) has hot food and toilets **Ford** 📱

5 continue on A458

1.1 ↖ B4473 **Montford Bridge**

2.8 ↖ B4380 & 1st R after river **Forton**

6.6 ↗ on LH Bend **Fitz**

8.8 ↖ B5067 *Baschurch*

9.3 ↗ **Bowmore Heath**

11.0 ⚙

13.1 ⚙ A528 **Wem**

14.6 ⚙ becomes B5476 in **Harmer Hill**

21.3 ⚙ B5476

22.0 ↗ B5476 in Wem *Whitchurch*

22.2 ↖ B5476 New Street *Tilstock*

26.3 ↗ in Quina Brook (in dip)

28.9 ↖ 1st L after bridge, Brades Road

30.0 ↗

30.3 ⚙ in **Prees** *Market Drayton*

30.6 ↖ Moreton Street *Calverhall*

32.6 ⚙ over A442

32.8 ⚙ over A41 **Ightfield**

33.9 ↖ 1st left **Ightfield**

37.3 ↗ in Ightfield

37.4 ↖ (SO) **Burley Dam**




















42.2 ↖ **Burley Dam**















42.7 ↗ A525



48.0 Coop on left **Audlem** 📱

48.1 Old Priesthouse café on right

6 A529 towards Nantwich

- 3.6  **Hunterston**
- 7.9  over A51 **Checkley**
- 11.8  A531 thru **Betley**
- 14.3  **Balterley**
- 16.1  B5500
- 16.2  **Bartholmley**
- 18.2  **Bartholmley**
- 19.9  B5078 **Alsager**
- 21.6  B5077 **Alsager**
- 22.8  **Leisure Centre** and immediately ...
 Chancery Lane
- 23.5  Sandbach Road North **Sandbach**
- 24.6  B5078 to **Betchton**
- 26.0  A533 **Sandbach**
- 26.2  1st right **Smallwood**
- 26.9 
- 27.8  over A50 **Smallwood**
- 31.1  **Somerford**
- 32.6  A534 **Congleton**
- 33.1  A534 **Congleton** & immediately left, through gate
- 34.1  over A54 **Swettenham**
- 37.0 
- 40.5  Trap Street **Chelford**
- 41.1  **Macclesfield**
- 41.3  Wood Lane

- 44.7  A34
- 45.1  2nd right **Redesmere**
- 47.9 
- 49.5  over A537 on Birtles Lane
- 52.4  over B5087
- 52.6 
- 52.8  **Mottram St Andrew**
- 55.3  in **Mottram St Andrew**
- 55.4 
- 56.3  A538
- 56.4  Mill Lane **Adlington Hall**
- 58.4  B5358 **Prestbury**
- 59.3  **Adlington**
- 61.5  A523 to **Poynton**

- 64.6 Wetherspoons on left
- 64.9 ATM at Post Office on Chester Road
- 64.9  Park Lane
- 65.2 Costa on left
- 65.3  left into car park by Waitrose

Poynton 

Organised by Mike Wigley to Audax UK regulations

14/04/2023 [5 pages]