



# Poynton-Holyhead 200

This is the eastbound version of the **Llanfairpwllgwyngyllgogerychwyrndrobwllllantysiliogogoch 200**. Note that it is a one-way ride so you will end up 200km away from where you started! See the separate route sheet/GPX files to ride the **Holyhead- Poynton 200**.





The route avoids the A55 North Wales Expressway by using the various minor roads and some excellent cycle paths.

For a successful validation, you must:

- enter at **[www.delphcyclist.info/Llan200Perm.html](http://www.delphcyclist.info/Llan200Perm.html)** (don't worry about the ride date at this stage)
- register your ride date by texting **07931 911324** or emailing **mike@PeakAudax.co.uk** before you start
- visit all the controls listed below within the time limits - note that this is a non-mandatory route
- establish your "proof of passage" by
  - downloading the eBrevet - see **[www.delphcyclist.info/eBrevet.html](http://www.delphcyclist.info/eBrevet.html)**
  - or recording a GPS track (must be .GPX format) showing you visited each Control Location
  - or collecting till receipts or ATM slips from anywhere at the Control Location
- completing all the details on your Brevet Card (name, address, ride date, control locations and times plus your signature) and returning to me within 14 days of your ride

**Controls:** The ride works best using the E-Brevet app or a GPX track to authenticate your ride. The route is advisory, but you should ensure that you pass within ½km of the locations below (indicated by Grid Reference and [what3words.com](http://what3words.com)). If you haven't access to the app or GPX you may still collect receipts from the various suggested locations.

**eBrevet:** Ride Code **MW23** (customisation is not permitted for this Perm).


<b>Poynton</b>	 SJ 920 836 <i>dolls.booth.school</i>	The route sheet starts from the car park behind Waitrose on Park Lane Poynton near Stockport. Make sure you leave your car in one of the long stay places. If not using eBrevet, get receipt from Costa, Waitrose etc or an ATM slip	77	77
<b>Shotton</b>	 SJ 485 747 <i>health.pins.punch</i>	<b>SIGNATURE</b> or <b>RECEIPT</b> from Corner Café <b>RECEIPT</b> or <b>ATM</b> from Petrol Station on B5129	77	77
<b>Rhos on Sea</b>	 SH 842 805 <i>boxer.forest.take</i>	<b>RECEIPT</b> from any cafe <b>RECEIPT</b> or <b>ATM SLIP</b> from Co-op Supermarket	56	133
<b>Holyhead</b>	 SH 257 815 <i>servers.funded.routes</i>	<b>RECEIPT</b> or <b>ATM SLIP</b> from Tesco (6 to midnight except Sun 10-4) <b>RECEIPT</b> from KFC	73	206

**RIDE DETAILS:** see **[www.delphcyclist.info/Llan200Perm.html](http://www.delphcyclist.info/Llan200Perm.html)** for GPX files and route sheet updates

**CLIMBING:** 1,740m (total climbing) 271m (max elevation - Halkyn Mountain)

**TIME ALLOWED:** 6 hrs 52 mins (30kph) – 14 hrs 24 mins (14.3 kph)

# Poynton-Holyhead 200

**1** leave **Poynton**  on Chester Road A5149 with church on your left, follow A5159 & A5102 to **Wilmslow**

7.9  at mini-O Macc Rd *Town Centre*

9.0  *Altrincham* A538 in **Wilmslow**

9.3  *Knutsford* B5086

10.0  2<sup>nd</sup> exit *Knutsford* B5086

11.7  2<sup>nd</sup> exit *Knutsford* B5085


13.4  *Warford* Warford Lane

13.7  Noah's Ark Lane

15.2  &  Pedley House La to A537

18.5  **Lower Peover** Seven Sisters Ln

20.5  **L Peover** B5081 to **SwanGreen**

24.0  *Northwich* Hulme La (by Crown)


27.4  *Northwich* in **Lach Dennis**

28.1  Crowders Lane

29.8  **Davenham** over A530


32.9  London Rd &  Green La 

33.2  Hartford Rd

34.0  service road alongside A556, rejoin main road after blue bridge for ...

34.8  **Hartford**

35.9  **Chester** A559

37.7  *Weaverham* &  
 Littledales Lane

38.8  *Cuddington* Hodge Lane

40.4  *Whitchurch* A49 to before 


40.6  Cuddington Lane (becomes Bag Lane)


44.5  High Street in **Norley**


45.1  Post Office Lane

46.4  *Mouldsworth* Ashton Road

50.0  **Manley** Dark Ark Lane

51.2  *Tarvin* B5393 and ...

51.5  *Dunham* Moss Lane

52.1  *Dunham* and under rail bridge ...


54.8   Morley Lane

56.5  **Bridge Trafford**



57.0  *Chester* A56 to **Mickle Trafford**

59.9  *Tarvin* Station Lane

60.6  onto **Greenway** cyclepath   
following signs towards **Connahs Quay**

75.3 Cross River Dee on railway bridge   
then right at T and left (keep river on your left) then sharp right, follow road to **Shotton**

76.5  at B5129 Chester Road **Shotton** 



receipt from **Corner Kitchen Cafe** on R  
ATM withdrawal slip   
or continue to petrol station 




2 continue on B5129 westbound

2.7 receipt from petrol station on Left

4.0   **Flint** join A548 to **Flint**

to avoid the climb of Halkyn mountain stay on A548 to **Prestatyn** then A547 to **\*Abergele**

7.9   **Church St** A5119 in **Flint**

8.2   **Mold** A5119 10m 

8.3  **Hospital** Halkyn Street

8.6  **Hospital** Cornist Road

8.8  Cornist Drive (2<sup>nd</sup> Left)



9.1  to pass playground on left


9.2  Cornist Lane


12.3  &  **Pentre Halkyn**

13.0  **Babell** at LH bend


13.1  **Babell** to B5121 where ...

16.2  **Babell** over B5121  263m

17.7  (SO at LH bend)



18.1  **Caerwys**

21.4  **Pen y Cefn** over B5122


23.3 


24.3  minor road just before A55


25.3  & descend through **Rhualt**

28.9   alongside A55, then cross A55 on cycle bridge

30.6  and over River Clwyd to **St Asaph**

31.4  **Rhyl** A525 High St in **St Asaph**

31.9  **Betwys yn Rhos** B5381

32.2  **Betwys yn Rhos** B5381

34.1  **Conwy** Ffordd William Morgan

34.9  **Conwy** and ...

35.0   **Bodelwyddan** (next left)


36.0   **cyclepath** alongside A55

37.0  **Bodelwyddan** & join slip road

37.1  **Bodelwyddan**


37.4  **Village Centre** Abergele Road


39.8  **Towyn** and  
 **Abergele**



41.4  **Abergele**

42.9  **Abergele** A547 under A55 then .


43.1  **Leisure Centre** Faenol Avenue

43.8 

44.0 


44.5   over rail bridge to Beach

45.2  &   to join coastal cyclepath thru **Colwyn Bay** to **Rhos on Sea**

56.3 **Rhos**  at Tourist Information/Clock then left into Penrhyn Ave by Forte's Restaurant to pass Co-op

**3** continue along Penrhyn Avenue

1.3  Marine Drive


1.9  Pendorlan Rd towards **Conwy**

2.1  Marine Road

2.5  *Llanrhos*

5.6  **Deganwy** over A470

5.9  *Llandudno Junction*

7.5  A546 (unsigned)

8.3  A547 into **Conwy**  
pass Castle  and Station 

9.9  Uppergate Street to start climb of  
**Sychnant Pass** ▲158m


16.6  through **Penmaenmawr**

18.1  at **Pen-y-clip** tunnel & follow  
cyclepath 5 to **Llanfairfechan**



20.1  thru **Llanfairfechan**

22.8  Ffordd Gwylt


23.4  at bend and alongside A55


24.5  thru **Abergwyngregyn** and  
climb & descend narrow lane

28.6  &  **Tal y Bont** 



31.3  2<sup>nd</sup> exit **Bangor**  A5

33.9  **Pier**  on LH bend after petrol station

35.6  onto A5

37.5  1<sup>st</sup> exit *Caernarvon* A487

39.5  &  over **Pont Britannia**

41.5  (1st exit) then  **Llanfair PG**  
continue on A5 (not A55) to **Holyhead**

73.3 Tesco/KFC/ATM

**Holyhead** 

*Organised by Mike Wigley to Audax UK regulations*

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