



Holyhead - Prestatyn - Holyhead 200

MW21

03/11/2021 [3]

This ride avoids the A55 North Wales Expressway by using the various minor roads and some excellent cycle paths.

For a successful validation, you must:

- enter at **www.delphcyclist.info/PrestatynPerm.html** (don't worry about the ride date at this stage)
- register your ride date by texting **07931 911324** or emailing **mike@PeakAudax.co.uk** before you start
- visit all the controls listed below within the time limits - note that this is a non-mandatory route
- establish your "proof of passage" by
 - downloading the [eBrevet](#) - see **www.delphcyclist.info/eBrevet.html**
 - or recording a [GPS track](#) (must be **.GPX** format) showing you visited each Control Location
 - or collecting [till receipts](#) or ATM slips from anywhere at the Control Location
- completing [all](#) the details on your Brevet Card (name, address, ride date, control locations and times plus your signature) and returning to me within 14 days of your ride

Controls: The ride works best using the E-Brevet app or a GPX track to authenticate your ride. The route is advisory, but you should ensure that you pass within ½km of the locations below (indicated by Grid Reference and [what3words.com](#)). If you haven't access to the app or GPX you may still collect receipts from the various suggested locations.

eBrevet: Ride Code **MW21** (see [www.DelphCyclist.info/eBrevet.html](#) for customisation instructions to reverse the direction, start at any control, or start anywhere between controls).

Holyhead	The route sheet starts from Tesco Superstore at Holyhead A5/A5153. You may reverse the direction, start at any control, or start anywhere on route		
Rhos on Sea	 SH 842 805 <i>boxer.forest.take</i>	RECEIPT from any cafe  RECEIPT or ATM SLIP from Co-op Supermarket	73 73
Prestatyn	 SJ 072 829 <i>pardon.month.strutted</i>	 RECEIPT or ATM SLIP from Co-op	28 101
St Asaph	 SJ 035 741 <i>soups.achieving.arose</i>	 RECEIPT or ATM SLIP from Co-op RECEIPT from St Asaph cafe	13 114
Llanfair PG	SH 526 716 <i>flops.slide.trophy</i>	RECEIPT from petrol station RECEIPT from visitor centre	66 180
Holyhead	 SH 257 815 <i>servers.funded.routes</i>	 RECEIPT or ATM SLIP from Tesco	31 211

RIDE DETAILS: see **www.delphcyclist.info/ PrestatynPerm.html** for GPX files and route sheet updates

SOME CAFES: **North Wales** plenty of cafés on the coastal stretch
Llanfair PG café opposite visitor centre/station, shuts 18:00
Holyhead Tesco has a cafe, which may be shut after 18:00
Pensarn Pantri Bach on sea front

CLIMBING: 1850m (total climbing) 174m (max elevation – Sychnant Pass)

TIME ALLOWED: 7 hrs 2 mins (30kph) – 14 hrs 45 mins (14.3 kph)

Holyhead-Prestatyn 200

1 from Tesco roundabout  A5 to **Valley**

4.8  A5025 to **Llanynghenedl**

7.5  B5109 to **Bodedern** and **Llangefni**

23.9  &  through traffic

24.1  Ffordd Cae Sul past ASDA

24.4  to follow B5109/B5420 to **Menai Bridge** & follow A5 towards **Bangor**

38.3  Siliwen Rd (ignore )

39.9   5 (unsigned A5)

42.5   5 Tal y bont

44.9   5 &   5 thru **AberGGG**

51.4   5 through **Llanfairfechan**

53.8   5 Penmaenmawr Road to follow 5 through **Penmaenmawr**

58.9  onto A55 & soon  onto cyclepath

63.5   5

64.2   5 Ellis Way

54.5   5 and over A55

65.1  A547 through **Conwy** 

67.2  Llandudno Junction A547

68.8   5 Pabo Lane Llangwstenin

70.9  Mochdre

71.4  A547 to **Colwyn Bay**

73.3  Rhos on Sea B5115

73.6  4th exit Promenade

74.1  and continue along Prom

74.3 2nd left into Penrhyn Avenue by **Forte's Restaurant**

72.7 choice of controls   **Rhos on Sea**

- tourist info office by clock 
- receipt from **Forte's Restaurant** on R
- receipt from **Co-op** on R
- withdrawal slip from **Co-op ATM** on R etc

2 return on prom (sea on your left!) using cycle lane with care

0.3 continue on cycle path [5] through **Llandulas, Pensarn, Rhyl, Prestatyn**

25.7 follow signs for **Chester** by **Prestatyn Sailing Club** at end of coastal cycleway

25.8  onto Barkby Avenue

26.3  Flint A548

26.6  at LH bend on Ffordd Parc Bodnant

26.7  Town Centre

26.9  Mostyn Avenue

27.1  A547 Gronant Road (unsigned) to ...

27.7 McColls on right 
Post Office on right  **Prestatyn**

3 continue on A547 through Meliden

3.2  Dyserth B5119

4.0   Cwm Road

7.6  Rhuallt B5429

8.7  3rd exit  5 alongside A55, then cross A55 on cycle bridge

11.1  and over River Clwyd to **St Asaph**

11.9  Rhyl A525 High St in **St Asaph**

12.1 receipt from St Asaph cafe on right  **St Asaph**

12.5  Betwys yn Rhos B5381

12.6 coop on right   **St Asaph**

- 4  *Betwys yn Rhos* B5381
- 2.1  **Conwy** Ffordd William Morgan
- 2.9  **Conwy** and ...
- 3.0  **Bodelwyddan** (next left)
- 4.0  **cyclepath** alongside A55
- 5.0  **Bodelwyddan** & join slip road
- 5.1  **Bodelwyddan**
- 5.4  **Village Centre** Abergele Road
- 7.8  **Towyn** and  **Abergele**
- 9.4  **Abergele** and follow A547 through **Abergele** towards *Llandulas*
- 15.1  **Beach Caravan Park** on Beach House Road (at *Dolwen Farm Shop* sign) and join coastal cyclepath thru **Colwyn Bay** to **Rhos on Sea**
- 23.6 2nd left after Cayley Arms into Penrhyn Avenue by **Forte's Restaurant**
- 24.8  Marine Drive
- 25.4  Pendorlan Rd towards **Conwy**
- 26.0  Marine Road
- 26.0  *Llanrhos*
- 29.1  over A470 **Deganwy**
- 29.4  *Llandudno Junction*
- 31.0  A546 (unsigned)
- 31.8  A547 into **Conwy**

- 33.0  at **Conwy Castle** & pass  
- 33.4  Uppergate Street to start climb of **Sychnant Pass** ▲158m
- 40.1  through **Penmaenmawr**
- 41.6  at **Pen-y-clip** tunnel & follow cyclepath 5 to **Llanfairfechan**
- 43.8  thru **Llanfairfechan**
- 46.3  Ffordd Gwyllt
- 46.9  at bend and alongside A55
- 48.1  thru **Abergwyngregyn** and climb & descend narrow lane
- 52.2  &  **Tal y Bont**
- 54.8  2nd exit **Bangor** A5
- 57.4  on LH bend after Texaco garage
- 59.1  onto A5
- 61.0  1st exit *Caernarvon* A487
- 62.6  &  over **Pont Britannia**
- 65.0  **Llanfair PG** A5 (1st exit)
- 65.1  **Llanfair PG** A5 to ...
-
- 66.0 petrol station on left
Cafes on right
visitor centre on left 
Coop on left   **Llanfair PG**

- 5** continue on A5 (NOT A55) to ...
- 31.0 Tesco/KFC/ATM   £   **Holyhead** 
- Organised by Mike Wigley to Audax UK regulations*
- 03/11/2021 [3 pages]